



# **THURSTON COUNTY Community Services List**

**Crisis Intervention, Resources and Referrals**  
**The Crisis Clinic of Thurston and Mason Counties**  
**360-586-2800**

Visit our website at: [www.crisis-clinic.org](http://www.crisis-clinic.org)

September 2022

Washington State 211 (Mon-Fri 9am – 3pm) call 211 or visit <https://search.wa211.org/>  
Thurston County Non-Emergency Number: \_\_\_\_\_ 360-704-2740

## **CHILDREN/YOUTH/TEENS**

Big Brothers / Big Sisters of SW, WA (children matched w/ adult volunteers): \_\_\_\_\_ 360-943-0409  
Boys and Girls Clubs of Thurston County: \_\_\_\_\_  
\_\_\_\_Lacey 438-6811; Olympia 556-3615; Tenino 810-3700; Rochester 273-9397; Tumwater 570-8888  
Child Care Action Council (Homeless Childcare, Crisis Nursery): \_\_\_\_\_ 360-786-8907  
Child Care Aware of WA (Resource & Referral Line): \_\_\_\_\_ 800-446-1114  
Children's Crisis Stabilization (Newborn-20) **24 hours**: \_\_\_\_\_ 360-480-5721  
Child Protective Services: \_\_\_\_\_ 866-764-2233 or 866-363-4276  
Child, Youth and Family Services (BHR): \_\_\_\_\_ 360-704-7170  
Community Youth Services (Shelter, Crisis Intervention): \_\_\_\_\_ 360-943-0780  
Family Reconciliation Service (DCYF): \_\_\_\_\_ 360- 725-6701  
Family Support Center (Parent Education/Family Support): \_\_\_\_\_ 360-754-9297  
National Runaway Safe Line **24 hours**: \_\_\_\_\_ 800-786-2929  
Nisqually Youth Services: \_\_\_\_\_ 360-455-5213  
South Sound YMCA Briggs: \_\_\_\_\_ 360-753-6576; Olympia 360-357-6609  
Stonewall Youth (LGBTQIA Youth Support Group for 12-21): \_\_\_\_\_ 360-888-4273  
Teen Link (Crisis Connections – Texting Available From 6-9:30pm): \_\_\_\_\_ 866-833-6546

## **ADDICTION RECOVERY SERVICES**

Alcoholics Anonymous (AA, Adults & Teens) **24 hours**: \_\_\_\_\_ 360-352-7344  
Alternatives Professional Counseling (For Domestic Violence Victims Also): \_\_\_\_\_ 360-357-7986  
Celebrate Recovery at Turning Point Church: \_\_\_\_\_ 360-489-0378  
Evergreen Treatment (Counseling, Methadone Program): \_\_\_\_\_ 360-413-6910  
Gambling Hotline (WA) **24 hours**: \_\_\_\_\_ 800-547-6133  
Narcotics Anonymous (NA) ([spana.org](http://spana.org)): \_\_\_\_\_ 360-754-4433  
Nisqually Substance Abuse Program: \_\_\_\_\_ 360-413-2727  
Northwest Resources (Addiction Counseling/Outpatient Rehab): \_\_\_\_\_ 360- 943-8810  
Olympia Bupe Clinic (Low Barrier Buprenorphine): \_\_\_\_\_ 360-349-0033  
Providence St. Peter Chemical Dependency Center: \_\_\_\_\_ 360-456-7575  
Sea Mar Behavioral Health (incl. Spanish-Speaking Services): \_\_\_\_\_ 360-704-7590  
Syringe Services (Thurston County Health): \_\_\_\_\_ 360-490-9155  
Telecare (Crisis Relating to Drug Abuse or Mental Health): \_\_\_\_\_ 360-754-2423  
The Harvest Program - BHR (for Mothers and Expecting Women): \_\_\_\_\_ 360-754-5729  
True North Student Assistance & Treatment Services (Tumwater/Yelm): \_\_\_\_\_ 360- 464-6867  
Washington Recovery Help Line (Substance Abuse, Gambling, Mental Health): \_\_\_\_\_ 866-789-1511  
Washington State Problem Gambling Hotline (**24 hours**): \_\_\_\_\_ 800-547-6133

## **COUNSELING / MENTAL HEALTH**

Behavioral Health Resources (BHR, Counseling Services): \_\_\_\_\_ 360- 704-7170  
Capitol Recovery Center (Substance Abuse & Mental Health): \_\_\_\_\_ 360-357-2582  
Catholic Community Services (Family Behavioral Health Services): \_\_\_\_\_ 360-878-8248  
Designated Crisis Responders (Involuntary Detention) **24 hours**: \_\_\_\_\_ 360-754-1338; 800-270-0041  
NAMI Helpline (Nat'l Alliance for Mental Illness: Info. & Support): \_\_\_\_\_ 360- 493-6021  
Suicide Prevention: \_\_\_\_\_ 800-273-8255

Nisqually Mental Health Program: _____	360-413-2728
Olympic Health Recovery: _____	360-763-5828
Olympia Free Clinic (Mental Health, Mon & Wed 5-7pm) Message Line: _____	360- 890-4074
Providence St. Peter Hospital Psychiatry (Med. Mgmt, <u>no counseling services</u> ): _____	360-493-7064
Providence St. Peter Intensive Outpatient Program (Identify Psychiatry): _____	360-493-7060
Sea Mar Behavioral Health (Includes Spanish-Speaking Services): _____	360-704-7590
South Sound Behavioral Hospital (Free Assessments) <b>24 hours</b> : _____	360-764-8400
Telecare Thurston/Mason (8am-8pm weekdays, 11:30am-8pm weekends): _____	360-754-2423
Turning Point Church Counseling Services: _____	360-489-0378
WA Warm Line (Peer Support for Mental Health Challenges, 12:30pm-9pm daily): _____	877-500-9276 (& 866-427-4747 for King Co Crisis)

## **DISABILITIES - PHYSICAL & MENTAL**

Adult Protective Services, DSHS (Report Abuse of Vulnerable Adults): _____	877-734-6277
Arc of WA (Advocates for Citizens with Intellectual/Developmental Disabilities) _____	360-357-5596
Blind Services of WA: _____	360-725-3846
Braille & Talking Book Library: _____	800-542-0866
Deaf & Hard of Hearing Services, WA (DSHS): _____ 800-422-7930 TTY	360-725-3450
Dial-A-Lift (IT Bus Services): _____	360-754-9393
Disability Rights (Seattle): _____	206-324-1521
Exceptional Foresters Inc. (Independent Living Service; Employment): _____	360-426-0077
Long Term Care Pro, Catholic Community Services (In-Home Assistance): _____	360-586-2960
Morningside (Vocational Development/Employment Services): _____	360-943-0512
Parent to Parent (Supporting Parents of Individuals with Special Needs): _____	360- 352-1126
PAVE (Advocacy for Families & Individuals w/ Disabilities): _____	253-565-2266
Thurston County Specialized Recreation: _____	360- 867-2588
Childcare Action Council (Public Health/Social Service): _____	360-754-0845
Social Security Information Line (SSI/Medicare): _____	800-772-1213
Vocational Rehabilitation (Division of DSHS): _____	360-664-3060

## **EMPLOYMENT – EDUCATION - LITERACY**

Family Education & Support Services (DSHS, Parenting Support/Child Development): _____	360-754-7629
Job Corps (Vocational Education & Life Skills: 16-24): _____	360-754-7409
Pacific Mountain Workforce Development: _____	360-704-3568
Sound Learning (Tutoring for Reading, Writing, ESL, GED): _____	360-426-9733
Work First, SPSCC (Pre-Employment Training/Support for Those on TANF): _____	360- 596-5401
Work Source (WA State Employment Security: Job Search/Training/Unemployment Compensation): _____	360-704-3600

## **EMERGENCY NEEDS – CLOTHING, UTILITIES**

Adventist Community Services (Clothing, Emergency Foods): _____	360-043-1518
City Gate Ministries (Food, Clothing, Hygiene, Furniture): _____	360-705-0291
Clothing Bank (Sacred Heart Church): _____	360-491-0890
Community Action Council (Housing/Utility Assistance & Emergency Food Assistance): _____	360-438-1100
Community Service Office at DSHS (Medicine Coupons/Food Stamps): _____	877-501-2233
Emergency Outreach Program at Sacred Heart Church (Food; Utility Assistance): _____	360-923-0929
Olympia Free Store @ Olympia Food Co-Op (Clothing): _____	360-754-7666
Red Cross (Tacoma): _____	253-474-0400
Saint Vincent De Paul at St. Mike's Church (Pregnancy Aid, Utility Assistance): _____	360-352-7554
Salvation Army (Emergency Shelter, Meals, Utilities/Rent Assistance as Funds Avail.): _____	360-352-8596
Union Gospel Mission (Clothing, Blankets, Hygiene Supplies, etc.): _____	360-709-9725
Yelm Community Services (Food, Clothing, Utilities Assistance, Emergency Shelter): _____	360-458-7000

## **FOOD AND NUTRITION**

Food Banks: \_\_\_\_\_ Olympia 360-352-8597; Tenino 360-264-5505 Yelm 360-458-7000  
Food Stamps (DSHS Community Service Office): \_\_\_\_\_ 877-501-2233  
Garden Raised Bounty (GRuB): \_\_\_\_\_ 360-753-5522  
Meals on Wheels by Senior Services (Lunches to Anyone 60+ and Home Bound): \_\_\_\_\_ 360-586-6181  
Union Gospel Mission (Meals, Showers, Shelter): \_\_\_\_\_ 360-709-9725  
ROOF Community Services (Rochester Food Bank): \_\_\_\_\_ 360- 273-6375  
Salvation Army (Community Kitchen): \_\_\_\_\_ 360-352-8596  
Women, Infants & Children (WIC) Nutrition Program at Sea Mar: \_\_\_\_\_ 360-754-2936  
YWCA of Olympia (for Supplies that Food Stamps Won't Cover): \_\_\_\_\_ 360-352-0593  
Senior Nutrition Program (Meals on Wheels) Senior Services: \_\_\_\_\_ Shelton 426-9726

## **HEALTH CARE - HOSPITALS - CLINICS**

AIDS Foundation – Oly Office (Case Management for People w/AIDS): \_\_\_\_\_ 360-352-2375  
Assured Home Health: \_\_\_\_\_ 360-236-9204  
Capital Medical Center and ER Dept: \_\_\_\_\_ 360-754-5858  
CHOICE Regional Health Network (Low-Income Insurance): \_\_\_\_\_ 360-539-7576  
Dental Clinic (Sea Mar): \_\_\_\_\_ Olympia 570-8016 Lacey 359-4860 Yelm 400-4840  
Health Department, Thurston County: \_\_\_\_\_ 360-867-2500  
HIV/AIDS Hotline, WA: \_\_\_\_\_ 800-272-2437  
Homecare Referral Registry (In-Home Care for Medicaid Client Only): \_\_\_\_\_ 360-664-3162 Ext 143  
Hospice (Assured): \_\_\_\_\_ 360-352-0711  
Hospice (Providence St. Peter): \_\_\_\_\_ 360-486-2999  
Medical Assistance, Coupons (CSO, DSHS): \_\_\_\_\_ 877-501-2233  
Nisqually Health Services (Medical and Dental): \_\_\_\_\_ 360-459-5312  
Olympia Free Clinic (M & W 5-7pm): \_\_\_\_\_ 360-890-4074  
Options Pregnancy Clinic (Counseling/Testing, Ultrasound, No Birth Control): \_\_\_\_\_ 360- 753-0061  
Planned Parenthood (Birth Control, Pregnancy Testing/Counseling): \_\_\_\_\_ 360-754-5522  
Paratransit Services (Transportation to Medical Appointments): \_\_\_\_\_ 800-846-5438  
Poison Center, WA **24-hours**: \_\_\_\_\_ V/TDD: 800-222-1222  
Providence St Peter Hospital: \_\_\_\_\_ 360-491-9480  
Sea Mar Medical: \_\_\_\_\_ Olympia 360-491-1399; Lacey 360-359-4840; Yelm 360-400-4800  
SHIBA (State Health Insurance Benefit Advisers: Medicare, Suppl. Ins. Info): \_\_\_\_\_ 800-562-6900  
Union Gospel Mission Clinic (for Uninsured): \_\_\_\_\_  
\_\_\_\_\_ Vision: 360-709-9725; Dental: 360-943-6400; Public Health: 360-867-2900

## **HOUSING ASSISTANCE - EMERGENCY SHELTERS**

Coordinated Emergency Shelter Entry Line - 24 hours: \_\_\_\_\_ 844-628-7343  
Community Action Council: \_\_\_\_\_ 360-438-1100  
Community Youth Services: \_\_\_\_\_ 360-943-0780  
Drexel House (Housing Programs & Shelter) **24 hours**: \_\_\_\_\_ 360-753-3340  
Eviction Defense Screening Line: \_\_\_\_\_ 855-657-8387  
Family Support Center (Housing Diversion Program) **24 hours**: \_\_\_\_\_ 360-754-9297  
Haven House (Shelter/Crisis Center for Teens 12-17) **24 hours**: \_\_\_\_\_ 360-754-1151  
Housing Authority of Thurston County (for Low Income, Disabled, Elderly): \_\_\_\_\_ 360-753-8292  
Housing Rehabilitation, City of Olympia (Rehabilitation Loans for Homeowners): \_\_\_\_\_ 360-753-8314  
Interfaith Works at Unity Commons (Shelter for 18+, pets OK) **24 hours**: \_\_\_\_\_ 360-918-8424  
Rosie's Place (Drop-In Day Shelter for Youth/Young Adults 12-24): \_\_\_\_\_ 360-943-0780 Ext 186  
Safeplace (Shelter for Abused Women) **24 hours**: \_\_\_\_\_ 360-754-6300  
Salvation Army (Emergency Shelter/Rental Assistance): \_\_\_\_\_ 360-352-8596  
SideWalk Support Center (M-Th 10-3): \_\_\_\_\_ 360-515-5587  
Union Gospel Mission: \_\_\_\_\_ 360-709-9725

## **SAFETY - LEGAL - CONSUMER ASSISTANCE AND SUPPORT**

Child Support Enforcement Office: _____	800- 442-5437
CLEAR Hotline (Coordinated Legal Edu Advice & Referral): _____	888-201-1014
Consumer Protection Division (Attorney General, Unfair Business): _____	800-551-4636
Crime Victim Advocacy Network (Victim Help Line): _____	360-786-5601
Disability Rights, Washington (Developmentally Disabled/Mentally Ill): _____	800-562-2702
Dispute Resolution Center (Mediation Services): _____	360-956-1155
Domestic Violence Advocates (Thurston County): _____	360-754-2989
Family Court Facilitator (Thurston County Juvenile and Family Court): _____	360-709-3269
Family Support Center (Coordinated Family Services): _____	360-754-9297
Human Rights Commission of WA: _____	360-753-6770
LongTerm Care Ombudsman (Mediation/advocacy in Nursing Homes): _____	360-943-6018
National Domestic Violence Hotline <b>24 hours</b> : _____	800-799-7233 or TTY 800-787-3224
PFLAG Olympia (Support for LGBTQIA Community and Family): _____	360-207-1608
P.O.W.E.R. (Parents Organizing for Welfare & Economic Rights): _____	360-352-9716
Safe Haven (Needing to Surrender Newborn Anonymously) <b>24 hours</b> : _____	866-992-2291
SafePlace (Sexual and Domestic Violence Helpline) <b>24 hours</b> : _____	360-754-6300
Tenant Rights Hotline (Seattle): _____	206-723-0500
Thurston County Family Justice Center: _____	360-754-9297
Victim Assistance (Thurston County Prosecuting Attorney): _____	360-786-5540
Volunteer Legal Services: _____	360-705-8194
Legal Shield: _____	253-896-5252

## **SENIORS**

Adult Protective Services (DSHS, Report Abuse of Vulnerable Adults): _____	877-734-6277
Area Agency on Aging (Info & Case Management): _____	360-664-3162
Catholic Community Services (Home Care): _____	360-586-2960
Homecare and Hospice (by Providence Sound): _____	360-459-8311
Home & Community Services (DSHS, Long-Term Care): _____	360-725-2300
In-Home Care Coordination (by South Sound Care): _____	360-586-4491
Medical Equipment Loan Bank (Message Line): _____	360-456-8810
Older Adult Services (BHR, Counseling/Case Management): _____	360-704-7170
RSVP (Retired Senior Volunteer Program): _____	360-943-2773 ext.20
Senior Centers: _____	
Yelm 458-7733; Lacey 407-3967; Rainier 446-2258; Tumwater 754-4160; Olympia (for transportation ext. 128) 586-6181	
Social Security Office (Olympia): _____	866-807-1160
South Sound Care Connection (Care Coordination): _____	360-586-4491

## **SPECIFIC POPULATIONS - SERVICES AND ASSISTANCE**

Cielo Olympia (Latino Educational; Legal Advocates; Mental Health Services): _____	360-709-0931
Downtown Ambassadors (Street Outreach; Business Support; Hospitality): _____	360-338-2853
KWA: Korean Women's Association (Asian, Pacific Islander, and Elders): _____	253-535-4202
Nisqually Indian Tribal Services: _____	360-456-5221
PiPE (Aid & Counseling for Houseless Youth/Young Adult): _____	360-522-5536
South Puget Intertribal Planning Agency (SPIPA – Five Tribes): _____	360-426-3990
Veterans Assistance Fund (Rent, Utilities, Food, Bus Passes): _____	360-867-2625
Veterans Benefits and Services (WA State): _____	800-562-2308

## **PEER SUPPORT CRISIS LINES**

Alcoholics Anonymous <b>24 hours</b> : _____	360-352-7344
Psychedelic Peer Support (3pm-3am) Call or Text: _____	623-473-7433

Suicide Lifeline **24 hours** (for Veterans Crisis Line: Press 1): \_\_\_\_\_ 800-273-8255  
The Trevor Project Hotline (Suicidal 25 and Younger, Straight or LGBTQIA) **24 hours**: \_ 866-488-7386  
Trans Lifeline **24 hours**: \_\_\_\_\_ 877-565-8860  
WA Warm Line (Peer Support for Mental Health Challenges) **24 hours**: 877-500-9276 & 866-427-4747

Volunteers: If you have any suggestions to add to this list, please contact the Volunteer Coordinator